# **South Yuba Club Ratings**

#### 2.0 Skill Level

\*Welcome to the game of Pickleball! \*Never Played before

#### 2.5 Skill Level / should also possess all 2.0 skills

\*Knows the basic rules of the game including the 2 bounce rule \*Able to hit a forehand with direction \*Able to hit a backhand with direction \*Accurately places serve into correct square focusing on direction \*Able to sustain a dink rally with players of equal ability \*Able to volley with some direction \*Understands the fundamentals of the game \*Understands proper court positioning \*Able to accurately keep score throughout the game \*Has good mobility \*moving in a safe and balanced manner\* \*Has good quickness \* \*Has good hand-eye coordination

#### Skill Level 3.0 - should also possess all 2.5 Skills

\*Able to hit a medium paced forehand with direction and consistency

\*Able to hit a medium paced backhand with direction and consistency

\*Able to hit a medium paced serve with depth, direction and consistency

\*Able to consistently sustain a dink rally with control

\*Able to hit a medium paced 3rd shot with direction

\*Able to hit a medium paced volley with direction and consistency

\*Understands the fundamentals of the game

\*Understands proper court positioning

\*Understands rules and can keep score

\*Has good mobility / quickness / hand-eye coordination

\*Has started playing in tournaments

## \*If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations

\*If you have any questions in regards to your rating contact John Hendrickson/ johnhdink@gmail.com

### 3.5 Skill Level - should ALSO possess all 3.0 Skills

\*Able to use a forehand with moderate level of shot control \*Able to use a backhand with moderate level of shot control \*Consistently gets serve in \*Consistently gets return of serve in \*Able to place serves deep in the court \*Able to place return of serves deep into the court \*Able to dink and sustains medium length rallies \*Able to control height/depth of dink shot \*Understands variation of pace of dink shot \*Able to hit a 3rd shot drop to gain advantage to the net \*Able to volley with medium paced shots with control \*Sustains a short volley session at the net with placement and control \*Moves guickly to NVZ (non-volley zone) when opportunity is there \*Understands proper court position \*Understands difference b/w hard game and soft game and knows when to use it \*Basic knowledge of stacking and knows when to use it \*Able to sustain short rallies \*Has good mobility / guickness /hand-eye coordination 4.0 Skill Level – should ALSO possess all 3.5 Skills

\*Consistently hits forehand with depth and control

\*Consistently hits backhand with depth and control

\*Consistently gets serve in with varying depth and speed

\*Consistently gets return of serve in with varying depth and speed

\*Consistent and dependable overheads (directional control, depth and placement)

\*Accurate in placing lobs

\*Able to sustain dink rally with control, height and depth of shot

\*Understands which balls are attackable and those that are not in a dink rally

\*Sustains a dink exchange with patience at the net to elicit a "put away" shot Consistently

\*executes 3rd shot drop from the baseline to approach the net

\*Able to change soft shots to power shots to create an advantage

\*Able to volley a variety of shots at varying speeds

\*Able to block and return fast, hard volleys

\*Able to control NVZ (non-volley zone) keeping their opponents back

\*Aware of partners position on the court and moves as a team

\*Solid understanding of stacking and when and how it can be used effectively

\*Demonstrates ability to change position in an offensive manner (switching)

\*Demonstrates a broad knowledge of the rules of the game

\*Has a moderate number of unforced errors per game

\*Can identify opponents' weaknesses and formulate plan to attack weaknesses

\*Plays competitively in tournaments

\*Has good mobility / quickness / hand-eye coordination

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